

Lever House Primary School
PSHE Progression Map

Key Objective / Theme	KS1	LKS2	UKS2
Keeping/Staying Safe	• Form a basic understanding of how to stay safe. • Develop awareness of risks and personal responsibility.	• Identify hazards and warning signs. • Apply strategies to stay safe and consider consequences.	• Manage influence and peer pressure. • Evaluate risks and make responsible decisions.
Keeping/Staying Healthy	• Build an understanding of healthy choices and habits. • Explore everyday choices that support health.	• Recognise routines and behaviours that support well being. • Apply knowledge to maintain a healthy lifestyle.	• Respond to influences that affect health choices. • Evaluate health risks and make positive lifestyle decisions.
Relationships/Growing and Changing	• Begin to understand positive relationships. • Recognise feelings and show empathy for others.	• Explore personal boundaries and respect for others. • Learn about healthy and unhealthy relationships.	• Identify changes that puberty and growing up can bring. • Evaluate relationships and make respectful choices.
Being Responsible	• Begin to understand responsibility in everyday situations. • Recognise responsible and irresponsible choices.	• Identify responsible behaviours and their impact on others. • Understand responsibility in different situations.	• Consider how personal choices can affect others. • Evaluate responsibilities and make informed choices.
Feelings and Emotions	• Build an understanding of feelings and emotions. • Recognise a range of emotions and their affects.	• Identify emotions and ways to manage them. • Understand more complex emotions and responses.	• Manage strong emotions and recognise triggers. • Reflect on emotional responses and manage wellbeing.

Computer Safety	• Form a basic understanding of safe technology use. • Develop awareness of responsible technology use.	• Recognise online risks and safe choices. • Understand respectful online behaviour and cyber bullying.	• Manage pressures and influences online. • Evaluate online risks and make responsible digital choices.
Our World/The Working World	• Form a basic understanding of family life and the world around us. • Develop awareness of caring for living things and early money concepts.	• Recognise how people help care for the environment. • Understand roles and responsibilities in family and community life.	• Explore future careers, money and enterprise. • Evaluate financial choices and future responsibilities.
A World Without Judgement	• Develop an understanding of fairness and democracy. • Recognise individual liberty and the rule of law.	• Identify the importance of tolerance and respect. • Explore how judgement and discrimination can affect others.	• Further explore diversity, inclusion and acceptance. • Evaluate British values and community cohesion.
Fire Safety/First Aid	• Begin to understand emergency services and staying safe. • Recognise responsibility and safe choices.	• Identify risks and how actions can affect others. • Understand basic first aid and how to seek help.	• Explore first aid responses in a range of situations. • Evaluate situations and confidently share first aid knowledge.