

Mental Maths Home Learning
Autumn 1
Year 1

Please practise these mental skills with your child at home. As a guide, between 5-10 minutes should be spent 3-4 times per week on each objective.

Week 1	To count in 10s from any number. Put objects into groups of ten such as pasta, sweets, stones etc. Count in sets of 10. Use hundred squares to colour in the 'skip' count.
Week 2	To identify 1 more and 1 less than a given number. Give your child a random number and ask them what is 1 more and 1 less than the number. e.g. What is 1 more than 27 and what is 1 less than 27? 1 more than ____ is 15 1 less than ____ is 21
Week 3	To read and write numbers from 1 to 10 in numerals and in words. Show your child random numbers to 10. Can they read them? Can you now write it in words? Really focus on the spelling of numbers in words from one to ten.
Week 4	To identify number bonds to 10. Make a tower of ten or a group of ten objects such as pasta, stones, etc. Split your ten objects into two groups and write the matching number sentence. For example, $2 + 8 = 10$. Can you write all of the number bonds to 10 in a systematic way.
Week 5	To recognise 2D shapes. Go on a shape hunt either in your house or out and about on an Autumn walk. What 2D shapes can you find? Can you draw and label them?
Week 6	To represent objects and numbers. Give your child a random number to 10. Can they represent this number using practical equipment such as pasta, pencils, Lego, etc. Can they draw a representation of the number. For example, for the number 7 they could draw 7 blocks, 7 dots or a number 7 Numicom.